

RENTAL PROCESS INFORMATIONS – SNOWBERRY

Height

We need your height in metres both to select the most suitable equipment and to adjust your bindings safely and correctly. Here's how to convert from feet and inches.

FEET	CMS	FEET	CMS
< 2' 8"	<80	4' 1" - 4' 3"	125 - 129
2' 8" - 2' 9"	80 - 84	4' 3" - 4' 5"	130 - 134
2' 9" - 2' 11"	85 - 89	4' 5" - 4' 7"	135 - 139
2' 11" - 3' 1"	90 - 94	4' 7" - 4' 10 1/4 "	140 - 148
3' 1" - 3' 3"	95 - 99	4' 10 1/4 - 5' 2"	149 - 157
3' 3" - 3' 5"	100 - 104	5' 5 1/4 " - 5' 5 1/3"	158 - 166
3' 5" - 3' 7"	105 - 109	5' 5 1/4 - 5' 10 "	167 - 178
3' 7" - 3' 9"	110 - 114	5' 10" - 6' 4"	179 - 194
3' 9" - 3' 11"	115 - 119	> 6' 4"	> 194
3' 11" - 4' 1"	120 - 124		

Weight

We need this information both to select the most suitable equipment and to adjust your bindings safely and correctly.

POUNDS	KILOGRAMMES	POUNDS	KILOGRAMMES
22 -30	10 - 13	93 - 108	42 - 48
30 - 39	14 - 17	109 - 127	49 - 57
40 - 48	18 - 21	128 - 147	58 - 66
49 - 57	22 - 25	148 - 174	67 - 78
58 - 68	26 - 30	175 - 209	79 - 94
69 - 79	31 - 35	> 209	> 94
80 - 92	36 - 41		

Age

If anyone has a birthday before your holiday, please remember to take this into account!

Boot size

Ski boots are measured in Mondopoint which isn't the same system as normal street shoes. So that we can select the correct boot for you, we need to know your foot length in centimetres. Don't worry, if any of your boots aren't comfortable, we'll change them in just a few minutes on arrival.

To measure foot length:

- Stand, wearing socks, on a piece of paper with your heel against a wall, making sure your foot is flat and straight.
- Mark where the end of your longest toe sits.

- Measure the distance between the wall and this point.
- Repeat the same procedure for the other foot and chose the length in centimetres of the longest foot.
- Round this up to the nearest half centimetre.

Width

If anyone in your group knows they have a particularly wide foot, we'll need to know. Otherwise just select normal.

Helmet Size

For anyone who wishes to rent a helmet, we'll need to know the size. Measuring your helmet size is easy – use a soft tape measure to measure the circumference of your head at the widest part, just above the eyebrows and the ears – where a hat would sit. If you fall between two sizes, choose the smaller one.

Skier Type

For skiers in your group, we need to know their "skier type" so that we can adjust their bindings correctly prior to your arrival. This information is very important so please ask everyone to be very realistic about not just their ability level but also HOW they ski. It's not about being the best in the group, it's about safety!

- **AFNOR Skier type 1**

This one's easy, if you're a beginner aged 25 or over, you're a "type 1" skier.

- **AFNOR Skier type 2**

Type 2 skiers are young beginners under 25, intermediate skiers who aren't in as good shape as they might be or more advanced skiers who aren't aggressive and ski cautiously and carefully. If you're a type 1 skier, you'll prefer smooth and relatively easy groomed pistes that aren't very steep.

- **AFNOR Skier type 3**

If you're a technically competent skier, skiing fairly gently and carefully but prefer more difficult slopes than your type 2 friends, or an intermediate who's fit and aggressive but still makes mistakes and falls or loses balance quite a lot, you're a Type 3 skier. Please note, children under 22 kgs should never select higher than type 3.

- **AFNOR Skier Type 4**

Advanced skiers who ski fast and aggressively on all terrains are classified as type 4 skiers. They may not fall often but when they do they'll be travelling at speed and their binding setting has to take this into account.

- **AFNOR Skier type 5**

Type 5 skiers are quite rare. They're technically experts and ski correctly and in control at all speeds and in all conditions and terrain, including the most difficult

or even potentially- dangerous slopes. Type 5 gives a binding setting which will need a lot of torque and speed to release in a fall, so please don't select type 5 plus unless you're SURE that you are.

Stance

Boarders in your party may know if they're Regular (left foot forward) or Goofy (right foot forward).

If not, there are a few ways to work it out. If you skateboard, surf or waterski, it's usually the same.

If you don't skateboard either, which foot would you have in front if you were sliding on ice? Try it on a hard floor if you're not sure. This is your strongest foot and you'd usually have it behind on a board – so if you'd slide with your right foot in front you're probably Regular and if you'd have your left foot in front sliding you're Goofy.

If you're still not sure, select Regular – most people are – and we'll check it for you when you collect your equipment.

Regular boarders in your party may also know their stance width and may have specific requests for stance angles.

Wide Board

Any boarders in your party who have their own boots and whose feet are larger than a size 10 UK, 44.5 European or 29 mondopoint will require a wide board.